



**Canadian
Council of
Cardiovascular
Nurses**

**Conseil canadien
des infirmières et
infirmiers en soins
cardiovasculaires**

**BOARD OF DIRECTORS'
ANNUAL REPORTS
For the Year Ending
December 31, 2023**

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President's Report

The role of President is to lead CCCN as the chief elected office, chair the Board of Directors and, in partnership with an Association Management Firm, work to achieve CCCN's strategic plan and imperatives.

2024-2029 Strategic Plan

The Covid-19 pandemic had a significant impact on professional association memberships. Cardiovascular nurses have faced uncertainty, increased workloads, and competing demands during and since the pandemic. Remote work and virtual events became the norm and disrupted our networking opportunities and the return of face to face interactions has been slow. The value of a professional association membership has been questioned with widespread decline in numbers across associations, CCCN notwithstanding. As Brenda handed over the baton as president of CCCN, this seemed an opportune time to take stock of our association, review our relevance and determine how we provide value to our members. The board has approved a 2024-2029 Strategic Plan meant to provide a roadmap to guide our activities and measure our outcomes. We have confirmed our vision for advancing cardiovascular nursing through leadership, advocacy, research and knowledge translation and reaffirmed our mission to advance cardiovascular nursing excellence. There are seven values and value statements that along with our vision and mission will frame all strategic actions and decisions over the next 5 years. I invite you to visit our website cccn.ca and review the strategic plan.

Ongoing Collaborations

CCCN continues our connections with partners such as the Association of Cardiovascular Nursing & Allied Professions (ACNAP)/ESC, Canadian Heart Rhythm Society (CHRS), Canadian Heart Failure Society (CHFS), and Canadian Association of Critical Care Nurses (CACCN). We provide our voice to quarterly meetings with the Canadian Network of Nursing Specialties (CNA). CCCN continues to support nurses interested in writing CNA certification in Cardiovascular Nursing. The CCCN Standards, revised in 2023 by Susan Morris and a pan-Canadian CCCN committee, continue to be the framework for this national exam. This year we also participated in a Pan Canadian Approach for Education, Policy, Research and Practice for Developing Strategic Directions for Genomics -Informed Nursing with the University of Alberta, Athabasca University, Memorial University, University of Victoria, and the Canadian Institutes of Health Research (CIHR).

Awards

CCCN continues to have a robust awards program that recognizes members in the field of research, leadership, clinical expertise and health promotion. Once again, we had exceptional nominations and it made for a tough selection process. This year we selected a new awards committee representing our membership – front line, education, advanced practice, and a provincial director to allow as much objectivity as possible to select among the well deserving nominations.

Congratulations to our award winners:

- Mae Gallant Cardiovascular Nursing Leadership Excellence Award: Nancy M. Clark
- Excellence in Research Award: Dr Sandra Carroll
- Lynne Childs Clinical Excellence Award in Cardiovascular Nursing: Nancy M. Clark

A special thank you and recognition to our other nominees – Shereli Soldevilla, Brenda Ridley, and Dr. Davina Banner.

Ongoing Work of the Provincial Chapters and the Board of Directors

I wish to recognize the provincial leadership that occurs in every province. You are the ties that bind us together as a national organization and without you we would cease to exist. Your continued dedication and hard work do not go unrecognized. Thank you for all you do.

Thank you to the board of directors of CCCN. They work tirelessly on behalf of our members. Their vision and volunteer work are what makes CCCN the voice of cardiovascular nurses. I am proud to be a part of such a dedicated group of professionals.

Lastly, thank you to David and Kathryn from our association management team for the day-to-day operations and connection to our members.

While as individuals we can achieve incredible things, together we can achieve so much more.

Stronger together.

Respectfully,

Christina Kuttnig
CCCN President

Secretary/Treasurer

The CCCN Finance Committee was placed on hiatus this past year as it was agreed that the current Board of Directors be charged with developing and monitoring the financial plan to ensure that CCCN has the sustained capacity to meet its mandate for this past year. This has further allowed the Board of Directors to understand the finances of CCCN and help ensure decisions were made with this knowledge.

2023 Audited Financial Statements

Our auditors, Nephin Winter Bingley, have reviewed the Financial Statements and have given their audit opinion that these statements present fairly, in all material respects, the financial position of the results of the association's operations and its cash flows for the year ended and that the accounting standards for not-for-profit organizations in Canada have been applied.

The audit was therefore issued without qualification.

CCCN's membership revenues have improved this past year as we strive to not only obtain pre-COVID numbers, but exceed those numbers.

Exciting new connections have been made with sponsors from both Medical Industry and Industry to allow for increased educational options, including the Spring Conference Content. It is through increased sponsorships, the Board hopes to offer more educational opportunities for our members. These sponsorships help to offset previous portfolio losses as well as Budgetary Deficits.

CCCN held a Spring Conference in 2023 which resulted in a net profit of \$6,000.

Although there are no set rules for equity levels, it has been suggested that not-for-profit organizations have equity equal to 20% to 25% of their annual expenditures – namely three months. CCCN is well within that range and continues to prudently invest those assets to gain more interest.

The audited financial statements were circulated as part of the AGM materials.

Appointment of Auditors

The auditing firm of Nephin Winter Bingley is being recommended as the auditors for the 2024 fiscal year.

2023 Financial Year-end

Operationally, the Board is always committed to a balanced budget that supports attainable goals. The Board is also committed to ensuring it can continue to offer its services without

sacrificing the level of said services. CCCN's Board of Directors has budgeted for a loss of approximately \$45,000, which has mostly been offset through our new sponsorships.

While CCCN's National Office staff and Board of Directors continue to work diligently to try and mitigate the deficit by increasing CCCN's membership numbers and increasing non-membership dues revenue such as sponsorship, the future continues to be difficult to predict. Rest assured that the Board of Directors will do its utmost to ensure the organization's financial well being.

Once again, we call to you, our members, for your support. Through your membership renewals and encouragement of your colleagues to renew (or join), you can help us reduce the anticipated deficit. You, as members, are our best advocates.

Respectively submitted,

John Mulvihill
Secretary/Treasurer

Director of Provincial Divisions

The position was vacant for 2023 and continues to be vacant as of May 2024.

The Board of Directors is reviewing the current governance structure and will be requesting the members permit the Board to appoint an interim director as deemed necessary.

Director of Membership & Communication

Now is as good a time as any to present a 5 year review. In 2019, I was concluding a 1 year “trial” director position focusing on CCCN’s social media presence, pre-pandemic. Fast forward 5 years, we’ve weathered a pandemic and are well into “normalization” on the other side. Over the years, my goal has remained the advancement of our online presences, and thus access to CCCN. My efforts are directed toward social media content curation and delivery, collaborating with board members to further their portfolios and working with our management firm regarding membership initiatives and issues.

Over the last five years, our social media reach has modestly, however steadily grown (see table below). All growth seen on each account has been organic and accomplished without paid advertisements or resources. These accounts have been primarily managed without a social media management tool as I have yet to find a reasonable, free, one that effectively meets our needs. In the future, we may need to explore a paid resource +/- advertising to streamline social media efforts and maintain growth.

	Facebook	Twitter	LinkedIn	Instagram	YouTube
2019	859	70	27	0	0
2024	1200	334	223	103	42

Number of followers per site over 5 years.

With regards to membership, I am happy to announce that we currently boast the highest number of members, tallied in the Spring, in the past 5 years! As of April this year, we have 432 members! Comparatively, in April 2019 we had 347 members. We are all hopeful that this number continues to grow each year, that nurses across the country continue to invest in themselves and allow us to invest in their professional development.

This past year I have also had the pleasure of increased involvement with CCCN’s professional development activities. From engaging in strategic planning and involvement in the Canadian Cardiovascular Nursing standards update, to sitting on the review board for the Cardiovascular Nursing Excellence awards and on the conference committee, to hosting our first CV Nursing Career Journeys panel discussion, there have been many new opportunities to advance cardiovascular nursing through this role.

As I enter my last year on the board, I am amused by how this role has morphed from a simple call, found in our Journal, for a volunteer to help with CCCN’s Facebook page back 2017. I have enjoyed the growth process and being an active part of the “voice of Canadian cardiovascular nursing.” Over the next year, I will continue to maintain our social media presence, while collaborating with CCCN members on national and provincial levels. My hope is to leave this role primed for my successor’s success and would be happy to add “replacement

mentorship” to my duties this year. If you might be interested in joining the board, and taking over this portfolio, I would love to connect with you!

With gratitude,

Laura Runcie
CCCN Director of Communications & Membership

Director of Research

National Research Committee membership

Currently there are 8 Provincial Research Directors on the National Research Committee and one vacant position (NS).

- Sheila O'Keefe-McCarthy – **National Director Research**
- Lisa Keeping Burke- Provincial Research Chair (New Brunswick; PEI)
- Karen Then – Provincial Research Chair Alberta (Calgary, AB)
- Davina Banner-Lukaris – Provincial Research Chair British Columbia and Yukon (Prince George, BC)
- Lisa Banman – Provincial Research Chair Manitoba (Winnipeg, MB)
- **Vacant** – Provincial Research Chair Nova Scotia
- Sheila O'Keefe-McCarthy – Provincial Research Chair Ontario (Lindsay, St. Catharines, ON)
- Julie Houle – Provincial Research Chair Québec (Beaconsfield, QC)
- Kelly Johnson – Provincial Research Chair Saskatchewan (Saskatoon, SK)
- Jill Bruneau - Provincial Research Chair (Newfoundland, Labrador)

Abstract Reviews

Spring Conference (Calgary Alberta): Thirty abstracts were received and peer-reviewed for CCCN's Spring Conference [24 were non-research; 6 were research; [Workshop=12; Oral-9; Oral/Poster-8; Poster-1]]. **Abstract Breakdown by Province:** Ont-11; AB=6; MAN-5; BC-5; SASK-1; Que-1; International-1

In total, Oral: 9; Oral /Poster: 6; Poster 5 and 6 Workshop presentations were accepted (n=26), representing an 80% acceptance rate.

Research and Clinical Improvement Grants

This CCCN membership opportunity was not offered.

Student Oral and Poster Presentation Award(s)

No student candidates applied to be considered for this award.

No related CCCN awards were adjudicated this year by the research committee.

Collaboration in Research: Increasing CCCN in Research Capacity:

The CCCN research committee continues to foster collaborative opportunities with our international networking relationship with [CONNECT](#) for members to join a free- a nursing collaborative network focused on cardiothoracic -aortovascular surgery research. (information provided below).

CONNECT- A global community of nursing and allied professional cardiac surgery (including cardiothoracic and aortovascular surgery) researchers. Through CONNECT they foster and support international cardiac surgery research to address global cardiac surgery challenges.

Website: <https://www.qmul.ac.uk/whri/research/CONNECT/>

Email: connect-network@qmul.ac.uk

Increased Research Capacity of CCCN members through Collaborations with **CONNECT**

1. Bowden, T., **Bruneau, J.**, Chen, Y., **Fredericks, S.**, Hayes, M., Magboo, R., **O'Keefe-McCarthy, S.**, Batista dos Santos Pedrosa, R., **Karen Then, K.**, Van Valen, R. (**In Press**) CONNECTing nurses and allied professionals through a Cardiac Surgery Masterclass Programme. British Journal of Cardiac Nursing, 20 (13): 1-4.
2. **O'Keefe-McCarthy, S.**, Magboo, R., Pedrosa, R., **Bruneau, J.**, Fredericks, S., Chen, Y., Van Valen, R., **Then, K. (2024)**. Using an international research network to CONNECT through mentorship experiences in cardiothoracic surgical research. British Journal of Cardiac Nursing, 20(12): 1-4. <https://doi.org/10.12968/>
3. Fredericks, S., Hayes, M., Magboo, R., **Phillips, E.**, Chen, L., **O'Keefe-McCarthy, S.**, Van Valen, R., **Then, K.**, Bowden, T. (**2024**). CONNECTing nurses and allied professionals through specialized cardiothoracic surgical training. British Journal of Cardiac Nursing., 20(11), 1-3. <https://doi.org/10.12968/bjca.2024.0005>
4. Rochelle Wynne, PhD, RN; **Suzanne Fredericks, PhD, RN**; **Emily K. Hyde**, MN, RN; Stacey Matthews, MPH, RN; Tracey Bowden, MSc, RN; **Sheila O'Keefe-McCarthy, PhD, RN**; Geraldine Martorella, PhD, MSN, BSN; Rosalie Magboo, MSc, RN; Kari Hanne Gjeilo, PhD, RN; Rebecca Miriam Jedwab, MNursPrac, RN; **Lisa Keeping-Burke, PhD, RN**; Jo Murfin, MSc, RN; **Jill Bruneau, PhD, NP**; Irene Lie, PhD, RN; Julie Sanders, PhD, RN; the CONNECT: The Cardiac Surgery International Nursing & Allied Professional Research Network. (**2023**). The A SYSTEMATIC REVIEW OF MULTIMODAL ANALGESIA FOR ACUTE POSTOPERATIVE PAIN MANAGEMENT AFTER ADULT CARDIAC SURGERY. Journal of Cardiovascular Nursing. PMID: 37052583 DOI: 10.1097/JCN.0000000000000989
5. Rochelle Wynne, PhD, RN; **Suzanne Fredericks, PhD, RN**; **Emily K. Hyde**, MN, RN; Stacey Matthews, MPH, RN; Tracey Bowden, MSc, RN; **Sheila O'Keefe-McCarthy, PhD, RN**; Geraldine Martorella, PhD, MSN, BSN; Rosalie Magboo, MSc, RN; Kari Hanne Gjeilo, PhD, RN; Rebecca Miriam Jedwab, MNursPrac, RN; **Lisa Keeping-Burke, PhD, RN**; Jo Murfin, MSc, RN; **Jill Bruneau, PhD, NP**; Irene Lie, PhD, RN; Julie Sanders, PhD, RN; On behalf of CONNECT: the Cardiac Surgery International Nursing & Allied Professional Research Network Multimodal Analgesic Effectiveness on Acute Postoperative Pain Management After Adult Cardiac Surgery Protocol for a Systematic Review. Journal of Cardiovascular Nursing. (**2023**) PMID: 37052583 DOI: 10.1097/JCN.0000000000000989
6. Sanders, J., **Fredericks, S.**, **O'Keefe-McCarthy, S.**, Magboo, R., Hayes, M., Jedwab, R., and Wynne, R., on behalf of CONNECT (**2023**). The Role of CONNECT; The Importance of Collaboration and Supporting Nurses and Allied Professionals in Research. British Journal of Cardiac Nursing, 18 (9), 1-5. <https://doi.org/10.12968/bjca.2023.0055>

Acknowledgements

Thank you to members of the National Research Committee and ad hoc reviewers for conducting the abstract reviews for the Spring Conference.

CCCN Abstract Reviewers	
Davina Banner-Lukaris RN PhD	British Columbia & Yukon
Karen Then RN PhD ACNP	Alberta
Kelly Johnson RN MN	Saskatchewan
Lisa Banman RN BN MN	Manitoba
Krystina Lewis RN PhD	Ontario
Lisa Keeping-Burke RN PhD	New Brunswick & PEI

Respectfully submitted,
Sheila O'Keefe-McCarthy

Director of Conference Planning

Our CCCN Spring Conference in Quebec City was attended by over 80 members. Members enjoyed meeting in person again and representation from across Canada. The social event Hotel Dieu was well attended. Feedback from the attendees highlighted the desire for more knowledge translation activities with broader topics with more time to transition between sessions.

Vascular 2023 was held in Montreal, QC. Approximately 60 members attended. In 2024 we will be transitioning back to Canadian CardioVascular Congress to be held in Vancouver. Planning is already underway and Nursing has been included in session topic planning. Registration will be opening soon.

Today we celebrate CCCN's Annual Spring Conference from Calgary with a small but mighty group and a full agenda. We appreciate and acknowledge our generous sponsors and look forward to building partnerships with our colleagues and industry. Planning is already underway for 2025 in Ottawa.

Respectfully submitted,

Joelle Brennan

Director of Professional Education

Here was not a lot of activity for the 2023 fiscal year. We will be continuing the offering of webinars put out by our various Chapters and are planning virtual education and micro-credentialing.

Respectfully submitted,

Emily Hyde
Director of Professional Development
National Educator Group Lead

Director of Publications

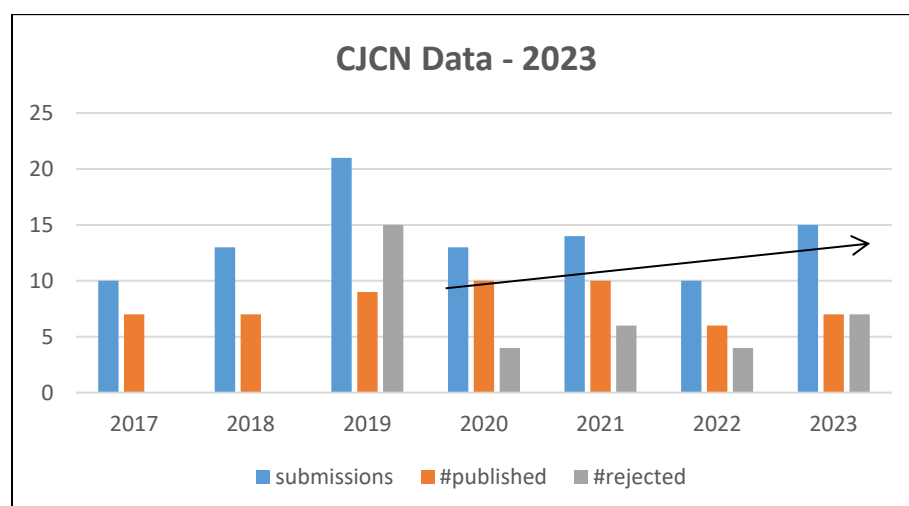
As the Director of Publications for the CCCN, and Editor and Chief and Chair of the Editorial Board for the CJCJN, I hereby respectfully submit my Annual Report for the 2023 calendar year (January – December) to the Board of Directors and Members of the CCCN.

On behalf of the CCCN and CJCJN Editorial Boards, I would like to thank all those who submitted manuscripts to the CJCJN in 2023. The table/graph below highlight key data/stats related to CJCJN activity for 2023, as well the 5 previous years. Although our numbers dropped in 2022, presumably from a COVID ripple effect, overall, our submissions are gradually increasing! Unfortunately, however, the strategy of publishing a collaborative issue with the CJCJN to elicit more manuscript submissions has not been successful, to date!

CJCJN Data: 2018-2023						
Manuscripts	2023	2022	2021	2020	2019	2018
# Received/reviewed	15	10	14*	13	21	13
#/% of research-based submissions	3/20%	3/30%	6/43%	4/31%	11/52%	8/61%
#/% of submissions published	7+2^/47%	6/60%	10*/71%	10/77%	9/43%	7/54%
#/% of research-based submitted / published papers	3/67%	3/50%	4/44%	3/23%	2/22%	5/71%
# of issues/year	3	2	3	3	3	3
# of manuscripts per issue	2-4	2-4	3-4	3-4	3	2-3
# of French manuscripts published/year	^2	1/0	1/2	1/0	0	0

*includes 1 editor-reviewed call to action paper

^2 English papers translated to French



Once again, I draw your attention to several open positions on the CJCJ Editorial Board. I encourage interested CCCN members to review the column published in the CJCJ in 2022 (issue #; <https://cccn.ca/uploads/6308ed86cc433.pdf>) entitled: *New voices and greater diversity: an open call for CJCJ editorial board members*. This column, which was written by our CJCJ Editorial Board members outlines the duties and responsibilities of the role, the criteria for appointment, and the learning opportunities and benefits of this role. I invite you to contact me directly re expressions of interest, and/or discuss any questions you may have about this important CCCN role.

Finally, as my five-year term as the CCCN Director of Publications and Editor of the CJCJ is coming to an end, I would like to thank the CCCN Board of Directors for their unwavering support for the CJCJ over the past five years! I am also incredibly grateful to the following amazing team of Associate Editors who are so very committed to the important role in maintaining the standards of our high-quality, scholarly cardiovascular nursing journal. I so appreciate their support to me personally, and for their time and effort spent providing timely, thoughtful, constructive, and fair/unbiased manuscript reviews. This team is responsible for the CJCJ's success:

- Davina Banner-Lukaris RN, PhD, Prince George, BC
- Tracey Collela, RN, PhD, Toronto, ON
- Julie Houle, RN, PhD, CCN(C), Trois Rivières, QUE
- Krystina Lewis, RN, MN, PhD, CCN(C), Ottawa, ON
- Martha Mackay RN, PhD, Vancouver, BC
- Connie Schumacher RN, MScN, PhD, Hamilton, ON
- Heather Sherrard RN, BScN, MHA, CHE, Ottawa, ON
- Karen Then RN, PhD, Calgary, AB

Thank-you as well to Heather Coughlin and Sherri Keller at Pappin Communications for their ongoing commitment and success in producing the high-quality CJCJ. Thank-you also to David Miriguay and Kathryn Boire for their administrative support.

Jo-Ann Sawatzky RN, PhD
Director of Publications, CCCN
Editor, *Canadian Journal of Cardiovascular Nursing*

Director of Health Promotion & Advocacy

FOR INFORMATION:

1. MOU with CHFS (Canadian Heart Failure Society) and collaboration on the Heart and Stroke Foundation and Canadian Heart Failure Society's Heart Failure Awareness Week Campaign.
2. MOU with Canadian Hypertension Coalition. Collaborated on documents to request a Federal, Provincial, and Territorial (FPT) collaboration with the Canadian health and clinical scientific community to implement a pan-Canadian monitoring system for major risk factors for cardiovascular disease.

Key duties and responsibilities:

- Chair the National Health Promotion and Advocacy Committee with a minimum of three (3) yearly teleconferences
- Recommend to the Board campaigns/initiatives that demonstrate enactment of "Health Promotion Starts with Us"
- Organize and manage approved National Health Promotion and Advocacy campaigns/initiatives
- Ensure all Health Promotion & Advocacy materials are current on the CCCN website
- Recommend to the Board strategic alliances with appropriate "Risk Reduction" industries (e.g., food, environment, fitness)
- Recommend to the Board "Going Green" strategies
- Organize and manage CCCN's efforts at "Going Green"
- Act as the main liaison between the Board and strategic partnerships such as, but not limited to, Hypertension Canada, Heart & Stroke Foundation of Canada, and CNA regarding Health Promotion and Advocacy work
- Review and recommend Health Promotion and Advocacy related position statements (e.g., hypertension, sodium reduction, smoking, health literacy, etc.), to be endorsed by CCCN
- Collaborate/participate in appropriate Health Promotion and Advocacy initiatives/committees with outside agencies (e.g., Hypertension Canada, etc.)
- Sit as a member of the website committee

Recommendation:

To remove the bolded section of the role description above (to be discussed at the CCCN strategy meeting on May 23, 2024)

Respectfully submitted,

Noorin Jamal
Director of Health Promotion & Advocacy

Audited Financial Statements

INSERT STATEMENTS